

#16 - PENTOXIFYLLINE USE IN PATIENTS WITH ALCOHOL-ASSOCIATED HEPATITIS ADMITTED WITH ACUTE KIDNEY INJURY COULD DECREASE SURVIVAL: A GLOBAL STUDY

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Idalosoaga F¹, Diaz L¹, Corsi O¹, Ayares G¹, Arnold J¹, Dunn W², Li Y², Singal A³, Simonetto D⁴, Ayala-Valverde M⁵, Ramirez C⁶, Morales-Arreaez D⁷, Zhang W⁸, Qian S⁹, Ahn J⁴, Burycka S⁴, Mehta H², Waleed M³, Stefanescu H⁹, Horhat A⁹, Bumbu A⁹, Attar B¹⁰, Grawal R¹¹, Cabezas J¹², Cuyàs B¹³, Poca M¹³, Soriano Pastor G¹³, Sarin S¹⁴, Maiwal R¹⁴, Jalal P¹⁵, Higuera-De La Tijera M¹⁶, Kulkarni A¹⁷, Rao P N¹⁷, Guerra Salazar P¹⁸, Skladaný L¹⁹, Bystrianska N¹⁹, Prado V²⁰, Clemente-Sanchez A²¹, Rincón D²¹, Haider T²², Chacko K²², Romero G²³, Pollarsky F²³, Restrepo J²⁴, Toro L²⁵, Yaquich P²⁶, Mendizabal M²⁷, Garrido M²⁸, Marciano S²⁹, Dirchwolf M³⁰, Vargas V³¹, Jimenez C³¹, García-Tsao G³², Abalde J³³, Kamath P⁴, Arrese M³⁴, Shah V⁴, Bataller R³⁵, Arab J³⁶

¹Departamento de Gastroenterología, Escuela de Medicina, Pontificia Universidad Católica de Chile, Santiago, Chile., Santiago, Chile ²University of Kansas Medical Center, KS, USA, Kansas, Estados Unidos (EEUU) ³Division of Gastroenterology and Hepatology, Department of Medicine, University of South Dakota Sanford School of Medicine, Sioux Falls, SD, USA, Sioux Falls, Estados Unidos (EEUU) ⁴Division of Gastroenterology and Hepatology, Mayo Clinic, Rochester, MN, USA, Rochester, Estados Unidos (EEUU) ⁵Hospital el Pino, Santiago, Chile, Santiago, Chile ⁶Department of Anesthesia, Schulich School of Medicine, Western University & London Health Sciences Centre, London, Ontario, Canada., London Ontario, Canadá ⁷Center for Liver Diseases, Division of Gastroenterology, Hepatology and Nutrition, University of Pittsburgh Medical Center, PA, USA., Pittsburgh, Estados Unidos (EEUU) ⁸Division of Gastroenterology and Hepatology, University of Florida, Gainesville, FL, USA, Gainesville, Estados Unidos (EEUU) ⁹Regional Institute of Gastroenterology and Hepatology, Cluj-Napoca, Romania, Cluj-Napoca, Rumania ¹⁰Division of Gastroenterology & Hepatology, Cook County Health and Hospital Systems, Chicago, Illinois, USA, Chicago, Estados Unidos (EEUU) ¹¹Division of Gastroenterology and Hepatology, University of Illinois, Chicago, Illinois, USA, Chicago, Estados Unidos (EEUU) ¹²Gastroenterology and Hepatology Department. University Hospital Marques de Valdecilla. Santander. Spain; Research Institute Valdecilla (IDIVAL). Santander. Spain., Santander, España ¹³Department of Gastroenterology, Hospital de la Santa Creu i Sant Pau, CIBERehd, Barcelona, Spain., Barcelona, España ¹⁴Institute of Liver and Biliary Sciences, New Delhi, India, New Delhi, India ¹⁵Department of Gastroenterology and Hepatology, Baylor College of Medicine, Houston, TX, USA, Houston, Estados Unidos (EEUU) ¹⁶Servicio de Gastroenterología, Hospital General de México, Universidad Nacional Autónoma de México, México., Mexico DF, México ¹⁷Asian Institute of Gastroenterology, Hyderabad, India, Hyderabad, India ¹⁸Instituto de Gastroenterología Boliviano-Japonés, La Paz, Bolivia, La Paz, Bolivia ¹⁹Division of Hepatology, Gastroenterology and Liver Transplantation, Department of Internal Medicine II, Slovak Medical University, F. D. Roosevelt University Hospital, Banská Bystrica, Slovak Republic, Banská Bystrica, República Checa ²⁰Centre Hospitalier de Luxembourg, Luxembourg, Luxembourg, Luxemburgo ²¹Liver Unit, Department of Digestive Diseases Hospital General Universitario Gregorio Marañón Madrid, Spain, Madrid, España ²²Division of Gastroenterology and Hepatology, Montefiore Medical Center, Bronx, NY, USA, Bronx, Estados Unidos (EEUU) ²³Sección Hepatología, Hospital de Gastroenterología Dr. Carlos Bonorino Udaondo, Buenos Aires, Argentina., Buenos Aires, Argentina ²⁴Hospital Pablo Tobon Uribe, Universidad de Antioquia, Medellín, Colombia, Medellín, Colombia ²⁵Hospitales de San Vicente Fundación, Medellín-Rionegro, Antioquia, Colombia, Antioquia, Colombia ²⁶Departamento de Gastroenterología, Hospital San Juan de Dios, Santiago, Chile, Santiago, Chile ²⁷Hepatology and Liver Transplant Unit, Hospital Universitario Austral, Buenos Aires, Argentina, Buenos Aires, Argentina ²⁸Hospital Central San Luis, San Luis, Argentina, San Luis, Argentina ²⁹Liver Unit, Hospital Italiano De Buenos Aires, Buenos Aires, Argentina., Buenos Aires, Argentina ³⁰Unidad de Hígado, Hospital Privado de Rosario, Rosario, Argentina., Rosario, Argentina ³¹Liver Unit, Hospital Vall d'Hebron, Universitat Autònoma de Barcelona, CIBEREHD, Barcelona, Spain., Barcelona, España ³²Section of Digestive Diseases, Yale University School of Medicine/VA-CT Healthcare System, New Haven/West Haven, USA, New Haven/West Haven, Estados Unidos (EEUU) ³³Division of Gastroenterology, Liver Unit, University of Alberta, Edmonton, Canada, Edmonton, Canadá ³⁴Department of Gastroenterology, Escuela de Medicina, Pontificia Universidad Católica de Chile, Santiago, Chile., Santiago, Chile ³⁵Liver Unit, Hospital Clinic, Barcelona, Barcelona, España ³⁶Division Of Gastroenterology, Department Of Medicine, Schulich School Of Medicine, Western University & London Health Sciences Centre, London, Ontario, Canada., London Ontario, Canadá

BACKGROUND: Alcohol-associated hepatitis (AH) is a severe entity with a mortality of up to 30 at 1 month. Pentoxifylline combined with steroids has not demonstrated benefits in severe AH. Some studies have suggested that pentoxifylline may be beneficial in the subgroup of patients with acute kidney injury (AKI) and AH. However, there is no solid evidence of its benefit in mortality in this setting.

AIM: Determine the benefit of the use of pentoxifylline in patients with severe AH and AKI.

METHODS: Global retrospective cohort study, including patients with severe AH and AKI at admission (2009–2019). We used competing-risk models with liver transplantation as a competing risk to assess the potential effect of pentoxifylline.

RESULTS: We included 655 patients with severe AH and AKI (30 centers, 10 countries). Median age was 48±11.6 years, 26.2% were females, and 52.5% were Caucasian. Around 68.7% of the patients had history of cirrhosis, and 6.6% underwent liver transplantation. MELD score on admission was 34 [15–74]. 43.2% of the patients used corticosteroids, while only 6.9% used pentoxifylline during hospitalization. In the univariate analysis, the variables independently associated with mortality were female sex (sHR0.740; 95%IC:0.577–0.948; p=0.018), MELD (sHR1.034; 95%IC: 1.020–1.048; p<0.001), MELD 3.0 (sHR1.034, 95%IC:1.018–1.049, p<0.001), Maddrey's discriminant function (sHR1.005, 95%IC:1.003–1.008, p<0.001), serum albumin at admission (sHR0.756; 95%IC:0.642–0.890; p=0.001), bilirubin at admission (sHR 1.011; 95%IC:1.003–1.019, p=0.006), serum creatinine (sHR1.083; 95%IC:1.028–1.140, p=0.002) and pentoxifylline use (sHR 1.531, 95%IC:1.107–2.119; p=0.010)(Table). In the multivariate-adjusted model, the use of pentoxifylline was associated with increased mortality (sHR1.620, 95%IC:1.190–2.204; p=0.002).

CONCLUSIONS: The use of pentoxifylline has no benefit in terms of mortality and could decrease survival in patients with AH and AKI.



Table.- Univariate and multivariate competing-risk analyses. Mortality is the primary event, and liver transplant is the competing risk.

Variables	Univariate analysis			Multivariate analysis		
	sHR	95% CI	p-value	sHR	95% CI	p-value
Age (years)	1.005	0.996–1.014	0.231	1.013	1.003–1.023	0.006
Sex (Female)	0.740	0.577–0.948	0.018	0.802	0.618–1.040	0.097
MELD	1.034	1.020–1.048	< 0.001	1.043	1.021–1.065	< 0.001
MELD 3.0	1.034	1.018–1.049	< 0.001	-		
mDF	1.005	1.003–1.008	< 0.001	-		
Cirrhosis	1.100	0.821–1.473	0.522	-		
Corticosteroids use	1.051	0.845–1.308	0.650	1.058	0.842–1.329	0.628
Albumin at admission	0.756	0.642–0.890	0.001	-		
Bilirubin at admission	1.011	1.003–1.019	0.006	-		
Serum creatinine	1.083	1.028–1.140	0.002	0.973	0.892–1.329	0.628
Pentoxifylline use	1.531	1.107–2.119	0.010	1.620	1.190–2.204	0.002

sHR: Subdistribution Hazard ratio; mDF: Maddrey's discriminant function.